



2019 ONTARIO LIFEGUARD CHAMPIONSHIPS
Registration Package

*The Lifesaving Society invites you to the annual Ontario Lifeguard Championships
hosted by the University of Guelph*

DATE February 2 & 3, 2019

LOCATION University of Guelph (W. F. Mitchell Athletic Centre), 50 Stone Road East, Guelph, ON, N1G 2W1. 519-824-4120. See www.lifesavingsociety.com for map.

COMPETITION The competition is sanctioned by the Lifesaving Society. Event rules will be in accordance with the 2015-2019 (Revised 2017) Edition of the *ILS Competition Rule Book*, the 2019 Edition of the *Canadian Competition Manual*, the 2019 Edition of the *Ontario Competition Manual*, and any 2019 Communiqués. Go to www.lifesavingsociety.com for details.

ELIGIBILITY All competitors must hold a current National Lifeguard certification and be a registered athlete. Competitors must be at least 16 years of age by February 2, 2019.

PROGRAM OF EVENTS	First Aid	Lifeguard Skills Relay	Medley Relay
	Priority Assessment	Line Throw Relay	Obstacle Relay
	Water Rescue	Manikin Relay	

ENTRY DEADLINE **Registration must be received by Wednesday January 23, 2019.** Refunds will not be issued after January 23rd, nor will they be issued for clubs or competitors who fail to show up for the Championships.

ENTRY FEES	<u>Competitor Fee</u>	<u>Technical Event Entry Fee</u>	<u>Relay Event Entry Fee</u>
	\$21.75 per each competitor	\$27.15 per team per event	\$10.85 per team per event

ACCOMMODATION Days Inn Hotel 519-822-9112 x0. Please specify **Lifesaving Society** when booking your room to get the special \$109.99 + taxes (2 Queen beds, 2 adults, \$10 each additional, maximum occupancy 4). Includes continental breakfast, Wi-Fi, and parking. **Booking deadline January 1, 2019.**

REGISTRATION Send registration form with method of payment – cheque (payable to the Lifesaving Society), money order, purchase order, VISA, American Express or MasterCard – to:

Lifesaving Society	Phone: 416 490 8844
2019 Championship Registration	Fax: 416 490 8766
400 Consumers Road	Email: sport@lifeguarding.com
Toronto, Ontario M2J 1P8	

ONTARIO LIFEGUARD CHAMPIONSHIPS – SCHEDULE

Friday February 1st

7:00 – 9:00 pm Key Officials Meeting

Location

University of Guelph

Saturday February 2nd

9:15 am Coaches Meeting

University of Guelph

9:45 am Officials Meeting

10:15 am Opening Ceremonies

10:30 am Lock-Up for Priority Assessment (Prelims)

11:00 am – 1:00 pm Priority Assessment (Prelims)

1:00 pm Lock-up for Priority Assessment (Finals)

1:30 – 3:00 pm Priority Assessment (Finals)

3:00 pm Lock-Up for Water Rescue (Prelims)

3:30 pm – 5:00 pm Water Rescue (Prelims)

5:00 pm Lock-Up for First Aid (Prelims)

5:30 – 7:00 pm First Aid (Prelims)

Sunday February 3rd

University of Guelph

10:00 am Warm Up for Relays (Finals)

10:30 am – 12:00 pm 4 x 25m Manikin Relay (Finals)

4 x 50m Medley Relay (Finals)

4 x 50m Obstacle Relay (Finals)

Line Throw Relay (Finals)

Lifeguard Skills Relay (Finals)

12:00 pm Lock-Up for Water Rescue (Finals)

12:30 – 2:00 pm Water Rescue (Finals)

2:00 pm Lock-Up for First Aid (Finals)

2:30 – 4:00 pm First Aid (Finals)

4:30 pm Award Presentations

ONTARIO LIFEGUARD CHAMPIONSHIPS Club Registration

Please use one form for each club (Type or BLOCK letters only).

Club or Affiliate		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach Name		() Home/cell Phone
Email (that will be checked regularly in the week preceding the Championships)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release, Event Entries.		
Competitor fee	@ \$21.75 / per person =	
Technical Event Entry fee (per team per event)	@ \$27.15 / event =	
Relay Event Entry fee (per team per event)	@ \$10.85 / event =	
TOTAL AMOUNT OWING		

Payment	
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money Order
<input type="checkbox"/> Visa	<input type="checkbox"/> Master Card
<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card #	Expiry Date

Card holder name	Card holder signature

*Mail, fax or email:
 Lifesaving Society
 2019 Championship Registration
 400 Consumers Road
 Toronto, Ontario M2J 1P8
 Fax 416 490 8766
 Email sport@lifeguarding.com*

ONTARIO LIFEGUARD CHAMPIONSHIPS

Waiver & Release Form

Please read carefully before signing

1. Conduct

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. Voluntary Assumption of Risk

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. Waiver of Liability

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

4. Model Release

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.

Print name

Signature (Parent if under 18)

Date

<i>COACH:</i>		

ONTARIO LIFEGUARD CHAMPIONSHIPS
Team Event Entry – Simulated Emergency Response

Please use one form for each team.

Club: _____

Coach: _____

4-person: A team must consist of three or four competitors with any combination of males or females for any simulated emergency response event. Team composition must remain the same for heats and finals in any simulated emergency response event. Please identify with a letter the group of athletes who are on the same team.

2-person: A team must consist of two competitors with any combination of males or females for any simulated emergency response event. Team composition must remain the same for heats and finals in any simulated emergency response event. Please identify with a letter the group of athletes who are on the same team.

Competitors are allowed to enter each event only once. Competitors may compete on 4-person and/or 2-person teams.

PLEASE PRINT CLEARLY.

<i>Competitor Name & Gender</i>		<i>Registered Athlete Number</i>	<i>Date of Birth (yy/mm/dd) (ensure correct order)</i>	<i>Priority Assessment</i>	<i>Water Rescue</i>	<i>First Aid</i>	<i>Total events</i>
<i>Jane Smith</i>	M F		<i>01/09/25</i>	<i>A</i>	<i>B</i>	<i>A</i>	<i>3</i>
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ONTARIO LIFEGUARD CHAMPIONSHIPS

Team Event Entry – Relay

Please use one form for each team.

Club: _____

Coach: _____

4-person: A team must consist of two males and two females for any relay event. Please identify with a letter the group of athletes who are on the same team.

2-person: A team must consist of one male and one female for any relay event. Please identify with a letter the group of athletes who are on the same team.

Competitors are allowed to enter each event only once. Competitors may compete on 4-person and/or 2-person teams.

Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted. PLEASE PRINT CLEARLY.

Competitor Name & Gender		Registered Athlete Number	Date of Birth (yy/mm/dd) (ensure correct order)	Manikin Relay	Medley Relay	Obstacle Relay	Line Throw Relay	Lifeguard Skills Relay	Total events
Jane Smith	M F		01/09/25	2:06.91	1:57.72	1:43.49	1:33.91	3:01.71	5
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